

## Statement of Risk and Liability Acknowledgment Form Snorkelling and Skin Diving

\*\*\*Please read carefully and fill in all blanks before signing.\*\*\*

Date of Trip: \_\_\_\_/\_\_\_\_/\_\_\_\_ Departure Time: \_\_\_\_

### Statement of Risk and Liability

This is a statement in which you are informed of the risks of snorkelling and skin diving. The statement also sets out the circumstances in which you participate in the snorkeling/skin diving programme at your own risk.

Your signature on this statement is required as proof that you have received and read this statement. It is important that you read the contents of this statement before signing it. If you do not understand anything contained in this statement, then please discuss it with your instructor. If you are a minor, this form must also be signed by a parent or guardian.

### Warning

Snorkelling and skin diving have inherent risks which may result in serious injury or death.

Snorkelling and skin diving are physically strenuous activities and you will be exerting yourself during this programme. You must advise truthfully and fully inform the dive professionals and the facility through which this programme is offered of your medical history.

Past or present medical conditions may be contraindicative to your participation in the programme. Cold or congestion, or an ear infection, a history of seizures, dizziness or fainting; a history of heart condition (e.g.: cardiovascular disease, angina, heart attack), a history or respiratory problems such as emphysema or tuberculosis or taking medication that carries a warning about any impairment of your physical or mental abilities, are contradictive to your participation in this programme.

### Acceptance of Risk

I understand and agree that neither my Guide(s)/Instructor(s) \_\_\_\_\_, nor Adventure Vikings which at this programme is conducted, nor any of their respective employees, officers, agents or assigns accept any responsibility for any death, injury or other loss suffered by me to the extent that it result from my own conduct or any matter or condition under my control that amounts to my own contributory negligence.

In the absence of any negligence or other breach of duty by the Guide(s)/Instructor(s) conducting this programme, \_\_\_\_\_ or Adventure Vikings which through this programme is offered and all parties referred to above, my participation in this snorkeling or skin diving programme is entirely at your own risk.

**I HAVE FULLY INFORMED MYSELF OF THE CONTENTS OF THIS STATEMENT OF RISK AND LIABILITY BY READING BOTH BEFORE SIGNING THESE STATEMENTS.**

Participant Name \_\_\_\_\_ Participant Signature \_\_\_\_\_

Participant Name \_\_\_\_\_ Participant Signature \_\_\_\_\_

Participant Name \_\_\_\_\_ Participant Signature \_\_\_\_\_

Participant Name \_\_\_\_\_ Participant Signature \_\_\_\_\_

Participant Name \_\_\_\_\_ Participant Signature \_\_\_\_\_

Participant Name \_\_\_\_\_ Participant Signature \_\_\_\_\_

Participant Name \_\_\_\_\_ Participant Signature \_\_\_\_\_

Participant Name \_\_\_\_\_ Participant Signature \_\_\_\_\_

Participant Name \_\_\_\_\_ Participant Signature \_\_\_\_\_

Participant Name \_\_\_\_\_ Participant Signature \_\_\_\_\_

Participant Name \_\_\_\_\_ Participant Signature \_\_\_\_\_

Participant Name \_\_\_\_\_ Participant Signature \_\_\_\_\_